

wraps

Served with chips and salsa [7.99]
Substitute fruit, salad or rosemary fries [1.99]

Turkey Bacon

Tomato basil tortilla with turkey, bacon, cheddar, tomato, romaine & ranch dressing

Brandon's Gyro

Herb garlic tortilla with gyro meat, red onion, romaine, tomato, feta & tzatziki sauce

B.L.T. Ranch

Honey wheat tortilla with romaine, tomato, bacon & ranch dressing
Add chicken [1.00]

Buffalo Bleu Chicken Bacon

Jalapeño cheddar tortilla with grilled chicken breast, bacon, romaine, tomato, carrots, red onion & bleu cheese crumbles with a hint of buffalo sauce



Fired Up!

Jalapeño cheddar tortilla with bacon, spicy chicken tenders, pepper jack, romaine, salsa & ranch dressing

Sesame Oriental

Spinach tortilla with grilled chicken breast, romaine, chow mein noodles, water chestnuts, carrots, mozzarella & sesame oriental dressing

Chicken Caesar

Herb garlic tortilla with grilled chicken breast, romaine, tomato & creamy Caesar dressing

Many Veggie

Spinach tortilla with pepper jack, romaine, carrots, avocado, tomato, black olives, sunflower seeds & honey mustard dressing

Greek

Tomato basil tortilla with grilled chicken breast, tomato, Kalamata olives, red onion, feta cheese and tossed in vinaigrette dressing

salads

French, bleu cheese, ranch, fat free ranch, raspberry, balsamic, Italian, honey mustard, oriental, chipotle ranch, Caesar.

Chicken Caesar

Romaine tossed with creamy Caesar dressing, Parmesan, grilled chicken breast & croutons [7.99]

Sesame Oriental Salad

Romaine, grilled chicken breast, chow mein noodles, water chestnuts, carrots, sunflower seeds & sesame oriental dressing [8.49]

The Chef

Romaine, ham, turkey, pepper jack, black olives, carrots, tomato, sunflower seeds, hard boiled egg & croutons [8.49]

Chicken Pecan **G**

Romaine, grilled chicken breast, pecans, feta, craisins, mandarin oranges, tomato & balsamic vinaigrette dressing [8.99]

Bistro Chicken Salad **G**

Freshly made dilled chicken salad, romaine, pepper jack, black olives, carrots, tomato, & sunflower seeds [8.49]



Cobb Salad **G**

Romaine, bacon, blue cheese crumbles, avocado, hard boiled egg, red onion, tomato & grilled chicken breast [8.49]

Waldorf Tuna Salad **G**

Freshly made apple walnut tuna salad, romaine, carrots, tomato, black olives, sunflower seeds & pepper jack [8.49]

Greek Salad **G**

Romaine tossed with vinaigrette dressing, grilled chicken breast, tomato, Kalamata olives, red onion & feta cheese [8.49]
Add pepperoni and salami [2.00]

Taco Salad **G**

Romaine, pepper jack, taco meat, red onion, tomato, black olives, green pepper & tortilla chips. Served with salsa & sour cream [7.99]

*Whether dining out or preparing food at home, eating raw or undercooked meat, poultry, eggs or seafood poses a health risk to everyone.

G = Gluten Friendly
Option Available

sandwiches

Served with chips and salsa.
Substitute fruit, salad or rosemary fries [1.99]

Deb's Club G

Ham, turkey breast, bacon, Swiss, provolone, lettuce, tomato, bacon tomato dressing & mayo [8.99]

Bistro Chicken Salad G

Freshly made dilled chicken salad, Swiss, lettuce, tomato, sunflower seeds & mayo [8.49]

Ham & Swiss G

Lean ham, Swiss, lettuce, tomato & mayo [7.49]

Turkey Blueberry

Sliced turkey breast, bacon, tomato, lettuce, cheddar & mayo on toasted blueberry bread [8.49]

B.L.T. G

Lettuce, tomato, bacon & mayo [7.49]

Waldorf Tuna G

Freshly made apple walnut tuna, Swiss, lettuce, tomato, sunflower seeds & mayo [8.49]

Turkey Avocado G

Sliced turkey breast, avocado, lettuce, tomato, bacon tomato dressing & mayo [8.49]
Add bacon [1.00]

soups & sides

- Avocado Slices [1.49]
- Chips & Salsa [2.49]
- Nacho Cheese [0.69]
- French Bread Roll [0.79]
- Fruit Cup [2.99]
- Hummus & Flatbread [3.99]
- Side Caesar Salad [2.99]
- Side House Salad [2.99]
- Soup Cup [2.99] / Bowl [3.99]
- Bread Bowl with Soup [7.49]
- Rosemary Fries [3.49]
- Pretzel Bites [3.49]
- Spinach Bites [4.99]



hot toasted sandwiches

Served with chips and salsa. Substitute fruit, salad or rosemary fries [1.99]

Tuscany Chicken G

Grilled chicken breast, provolone, red onion, sun dried tomato pesto, mushrooms & balsamic glaze on toasted ciabatta [9.99]

Italian G

Genoa salami, pepperoni, ham, Parmesan, provolone, tomato, red onion & Italian dressing on toasted ciabatta [8.99]

Turkey Jalapeño Ranch G

Turkey breast, cheddar, roasted red pepper, red onion & jalapeño ranch dressing on toasted ciabatta [8.99]

Brandon's Gyro Ciabatta G

Gyro meat, red onion, lettuce, tomato, feta & tzatziki sauce on toasted ciabatta [8.49]

Delectable Vegetable G

Avocado, feta, roasted red pepper, hummus, red onion, pesto mayo, spinach & balsamic glaze on toasted ciabatta [8.99]

Fish Sandwich

Potato, cheddar and chive encrusted cod with lettuce & tartar sauce on a toasted bun. [9.99]
Add cheese [1.00]



Shrimp Po'boy

Shrimp, chipotle ranch, lettuce, pickles & tomato on toasted ciabatta [9.99]

Grilled Pesto Chicken G

Grilled chicken breast, pesto mayo, tomato, provolone & lettuce on toasted ciabatta [8.99]

Pretzel Roll

Swiss & honey mustard with your choice of ham or turkey on a toasted pretzel roll [8.49]

Grilled Cheese G

Melted cheddar & provolone [5.99] Add bacon or ham [1.00]

you pick two

Pick any two for the perfect combination:
Half sandwich, classic Caesar salad,
House salad or a cup of soup [7.49]

Substitutions add [1.00]:
½ hot sandwiches or
a bowl of soup

smoothies 4.29

Served in a 20 ounce cup

- Janna Banana Split** Chocolate, strawberries, banana & whipped topping.
- Totally Tiki** ☺ Strawberries, banana, coconut syrup, pineapple.
- Wild Berry** Banana, pineapple, strawberries, blueberries.
- Blueberry Cream** Blueberries, strawberries, banana, yogurt.
- Strawberry Banana** Strawberries, banana, yogurt.
- Tropical Blend** Mango, peaches, orange juice, banana, yogurt.
- Funky Monkey** Chocolate, peanut butter, banana, yogurt.
- PB & Strawberry** Strawberries, peanut butter, banana, yogurt.
- Hawaiian** Pineapple, mango, orange juice, coconut, yogurt.
- Go Green** Spinach, yogurt, and any two fruits
- Straight up Strawberries** ☺ Strawberries & more strawberries.

frappes 4.59

- Kona Mocha** Coffee, chocolate & whipped topping.
- Vanilla Latte** Coffee, vanilla bean & whipped topping.
- Cookies & Cream** Chocolate, cookies & whipped topping.
- Vanilla Bean** Plain vanilla or add a flavor shot & whipped topping.



add a boost!

Add a protein boost
to any smoothie [1.00]

kids menu

[4.99] price includes beverage

Served with chips and salsa or apple sauce. Substitute fruit, salad or rosemary fries. [1.99]

Chick N' Cheese

Honey wheat tortilla with grilled chicken & provolone.

PB & B

Honey wheat tortilla with peanut butter & bananas.

Mac N' Cheese

A bowl of cheesy noodles.

Classic PB & J ☺

Peanut butter & jelly on your choice of white or wheat bread.

Grilled Cheese ☺

Melted cheddar & provolone on your choice of white or wheat bread.

Chicken Tenders

3 breaded and baked chicken tenders.

Corn Dogs

8 Mini corn dogs.

Cheese or Pepperoni Pizza

On our fresh baked 7 inch pizza crust with our special pizza sauce

flatbread pizzas

Supremo **G**

Marinara with pepperoni, Italian sausage, roasted tomato, green pepper, red onion, mushrooms, black olives & mozzarella. 9 inch - 7.69 12 inch - 9.89

Veggie Surplus **G**

Marinara with green pepper, black olives, roasted tomato, red onion, avocado, spinach & mozzarella. 9 inch - 7.79 12 inch - 9.99

Pepperoni OR Sausage **G**

Marinara with pepperoni or sausage & mozzarella. 9 inch - 7.69 12 inch - 9.89

Meat Mania **G**

Marinara with loads of pepperoni and delicious Italian sausage, bacon & mozzarella. 9 inch - 7.89 12 inch - 10.09

Moza Moza **G**

Marinara with mozzarella. 9 inch - 7.29 12 inch - 9.49

BBQ Chicken **G**

Grilled chicken breast, bacon, BBQ sauce, red onion, pepper jack & fresh chives. 9 inch - 7.69 12 inch - 9.89

The Mediterranean **G**

Grilled chicken breast, roasted red bell pepper, red onion, black olives, feta, mozzarella & basil pesto. 9 inch - 7.69 12 inch - 9.89

Margherita **G**

Marinara with roasted tomato, fresh basil, roasted red bell pepper, Parmesan & mozzarella. 9 inch - 7.49 12 inch - 9.69
Add grilled chicken [1.00]



rice bowls

Bowl of steaming jasmine rice with delicious ingredients

Sesame Oriental

Jasmine rice with grilled chicken, sesame oriental dressing, chow mein noodles, shredded carrots, water chestnuts, mozzarella, romaine & sunflower seeds. 7.99

The Southwestern **G**

Jasmine rice with grilled chicken, black beans, red onion, green pepper, chives, pepper jack, jalapeño ranch dressing, BBQ sauce, spinach & cilantro. 7.99

Nacho Chicken

Jasmine rice with grilled chicken, black beans, bacon, red onion, salsa, nacho cheese, sour cream, tortilla chips, pepperjack cheese & cilantro. 7.99

Moroccan Chicken **G**

Jasmine rice, ancient grain blend with fire roasted vegetables, Mediterranean chicken and fresh cilantro 8.99

Salmon Power Bowl **G**

Jasmine rice, ancient grain rice blend with fire roasted vegetables, topped with a grilled salmon fillet & lemon and laid out on a bed of spinach. 8.99

grilled wraps

*Served with chips and salsa.
Substitute fruit, salad or rosemary fries [1.99]*

The Quesadilla

Jalapeño cheddar tortilla with grilled chicken breast, bacon, pepper jack, sour cream & salsa. 8.49

Sicilian Chicken

Herb garlic tortilla with grilled chicken breast, red onion, roasted red pepper, mozzarella, spinach, sun dried tomato pesto & fresh basil. 8.49

Jimbo's Alfredo Chicken

Herb garlic tortilla with grilled chicken breast, bacon, Alfredo sauce, spinach & red onion. 8.99

The Southwestern

Jalapeño cheddar tortilla with grilled chicken breast, black beans, red onion, pepper jack, cilantro, jalapeño ranch dressing & BBQ sauce. 8.49

BBQ Pulled Pork

Jalapeño cheddar tortilla with barbecue pulled pork, mozzarella, pepper jack, red onion & cilantro. 8.99

breakfast all day

BREAKFAST WRAPS

Served with fruit or applesauce [7.29]

Rodeo

Jalapeño cheddar tortilla with jasmine rice, egg patties, pepper jack, cheddar, chives, green pepper, tomato & salsa.

Add sausage or bacon [1.00]

Veggie Delight


Spinach tortilla with jasmine rice, egg patties, fresh spinach, mushrooms, tomato, chives & sun dried tomato pesto.

Savory Swiss

Honey wheat tortilla with jasmine rice, egg patties, ham, bacon, Swiss & chives.

BUILD-YOUR-OWN SCRAMBLE

Served with toast, English muffin, or bagel. [6.49]

Substitute fruit, pastry or mini hashbrowns  [1.99]

Choose One Meat

Bacon • Ham • Spicy Chicken • Turkey • Grilled Chicken • Sausage

Additional meat [1.00 each]

Choose One Cheese

Cheddar • Swiss • Pepper Jack • Provolone • Mozzarella • Feta

Additional cheese [1.00 each]

Choose Three Vegetables

Tomato • Red Onion • Mushrooms • Green Pepper • Black Olives • Spinach • Roasted Red Pepper • Black Beans

Additional vegetables [0.50 each]

Choose One Fresh Herb

Chives • Basil • Cilantro



BREAKFAST PIZZAS

[7.29]

Bacon or Sausage Pizza

We start with ranch dressing and finish with bacon or sausage, mozzarella, chives & eggs.

Frittata Pizza

We start with ranch dressing and finish with Swiss, Parmesan, mushrooms, spinach & eggs.

Veggie Supreme Pizza

We start with ranch dressing and finish with mushrooms, red onion, green pepper, tomato, mozzarella, spinach, black olives & eggs.

Sausage Gravy Pizza

Sausage gravy, sausage, eggs, red onions, mozzarella & chives

Caprese Pizza

Basil pesto, tomato, avocado, eggs & mozzarella

BREAKFAST FAVORITES

Breakfast Sandwich

Choice of bacon, sausage or ham with egg & provolone on an English muffin, buttermilk biscuit, or bagel [4.49]

Served on a waffle or pretzel roll [5.99]

Add a side of mini hash browns [2.49]

Caprese Sandwich

Egg, avocado, tomato, provolone & basil pesto on an English muffin, biscuit or bagel [5.99]

Oatmeal & Fruit

Served with a cup of fruit [4.29]

Sarge's Biscuits & Gravy

Buttermilk biscuits covered in a Southern style sausage gravy [5.99]

Belgian Waffle

Plain [5.99] or with your choice of strawberries or blueberries with whipped topping [6.99]

Breakfast Bowl


Scrambled eggs, bacon or sausage and mini hash browns topped with sausage gravy & chives [6.49]

a la carte

- Fresh Baked Muffin [2.49]
- Cinnamon Roll [2.99]
- Scone [2.49]
- English Muffin [1.49]
- Toast [0.79]
- Biscuit [1.49]
- Bagel [1.99]
- 2 Scrambled Eggs [1.49]
- Sausage Patty [1.49]
- 3 Strips of Bacon [0.99]
- Fresh Fruit Cup [2.99]
- Apple, Banana [0.99 each]
- 6 pc. Mini Hashbrowns [2.49]



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